

SAFETY PROTOCOL FOR ADMITTANCE TO THE CHURCH

The following plan is based on the most current Centers for Disease Control and Prevention (CDC) and Michigan Department of Health and Human Services (MDHHS) recommendations for the prevention of the spread of the novel coronavirus of 2019 disease (COVID-19). This is subject to change at any time based on guidance from the federal or state government and county needs.

As the state continues to open under the direction of Governor Whitmer, PRBC has a duty to address the growing operational needs of our church and congregation which includes the potential for increased traffic into the church building for face-to-face meetings/opportunities by office staff, ministry leaders/participants, and production staff.

It is important that every person who enters PRBC is informed and engaged with prevention efforts for the safety of all PRBC staff, church members, and visitors. To minimize the spread of COVID-19, we must actively take precautionary measures as recommended by the CDC which includes the following:

- Stay home when sick.
- Frequently wash your hands with soap and water for at least 20 seconds. When soap and running water are unavailable, use an alcohol-based hand sanitizer with greater than 60% ethanol or greater than 70% isopropyl alcohol. Avoid touching your eyes, nose, or mouth with unwashed hands.
- Follow appropriate respiratory etiquette, which includes covering for coughs and sneezes.
- Avoid close contact with people who are sick.
- While there is community spread of COVID-19, maintain an appropriate social distance of six feet to the greatest extent possible.
- Don't shake hands, give high-fives, do elbow bumps, or touch others because close contact increases the risk of acquiring COVID-19.

Mask up, Mask right

A face mask is defined as a tightly woven cloth or other multi-layer absorbent material that closely covers an individual's mouth and nose. Here are some guidelines to help you choose the most effective face mask.

Recommended	Not Recommended
<div style="text-align: center; margin-bottom: 10px;">  <p>Masks that fit properly (snugly around the nose and chin with no large gaps around the sides of the face)</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p>Masks with two or three layers</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p>Masks with inner filter pockets</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p>Non-medical disposable masks</p> </div> <div style="text-align: center;">  <p>Masks made with breathable fabric (such as cotton)</p> </div>	<div style="text-align: center; margin-bottom: 10px;">  <p>Masks that do not fit properly (large gaps, too loose or too tight)</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p>Masks with one layer</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p>Masks with exhalation valves or vents</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p>Masks made from loosely woven fabric or that are knitted (i.e., fabrics that let light pass through)</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p>Masks made from materials that are hard to breathe through (such as plastic or leather)</p> </div> <div style="text-align: center;">  <p>Wearing a scarf/ski mask as a mask</p> </div>

Need help getting a mask?

Residents can pick up a free mask from partner sites across the state, including most local MDHHS offices and Community Action Agencies. Find a distribution site or call the COVID-19 hotline at 1-888-535-6136.

PRBC will follow the MDHHS Safely Returning Workers to the Workplace plan and require that face coverings must be worn by everyone who enters PRBC church and at all times while in the church (unless speaking into a microphone, eating, or other specific situations). This includes PRBC staff, visitors, contractors, and vendors. This measure of protection will remain in effect until Phase 6 of the MI Safe Start Plan is achieved.

PRBC HEALTH SCREENING STEPS

To support measures to halt the spread of COVID-19, until further notice, before admittance to Pilgrim Rest Baptist Church, at 5200 Pleasant Grove Rd, Lansing, MI 48911, you must ask yourself these questions:

1. In the past 14 days, have you or a family member been diagnosed with COVID-19? **Yes or No**
2. Do you have any newly developed or worsening symptoms? (Check all that apply)

ONE OF THESE SYMPTOMS	OR	TWO OF THESE SYMPTOMS
<input type="checkbox"/> Shortness of breath <input type="checkbox"/> Cough <input type="checkbox"/> Difficulty breathing <input type="checkbox"/> Loss of smell <input type="checkbox"/> Loss of taste	OR	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <input type="checkbox"/> Feverish <input type="checkbox"/> Nausea or vomiting <input type="checkbox"/> Muscle Aches <input type="checkbox"/> Chills <input type="checkbox"/> Diarrhea </div> <div style="width: 45%;"> <input type="checkbox"/> Headache <input type="checkbox"/> Congestion or runny nose <input type="checkbox"/> Sore throat <input type="checkbox"/> Fatigue </div> </div>
If you have any of these symptoms, please do not enter the church	OR	If you have 2 of these symptoms, please do not enter the church.

3. Is your body temperature above 100.4°F? **Yes or No**
4. *Have you traveled out of the country in the last 14 days? **Yes or No**

This form is available on our website. Click on Resources, then Ministry Leader Materials, then [Individual Health Screening Form](#).

If you answered “Yes” to any of the screening questions, please do not enter the church.

Any “Yes” requires the individual to be excluded and should not enter the church until the following has occurred:

- At least 72 hours with no fever (which is three full days of no fever without the use of medicine that reduces fevers) AND other symptoms have improved (for example, when your cough and shortness of breath have improved) AND at least 7 days have passed since your symptoms first appeared.
- 14 days if close contact with a diagnosed case of COVID-19.
- 14 days following travel unless that travel was due to commuting from a home located outside of Michigan. Commuting is defined as traveling a distance between one’s home and work on a regular basis.
- *Some travelers may have a higher risk of exposure and should stay home for 14 days.

If all answers are “No” then the Ministry Leader must submit the Health Screening information on the day of the event (meeting, gathering et al) via the PRBCLansing.org website. Click on Resources, then Ministry Leader Materials then [Ministry Leader Health Screening Form](#). The Ministry Leader must enter the date, time, and the name(s) of the individuals that have passed the health screening and will be entering the church. This will be the verification that the individuals have indicated they have passed the health screening prior to entering the church.

Prior approval must be obtained from the office. It is preferred that we limit the number of people in the church to as few people as possible at any given time. If there are going to be more than one person in the building at the same time, each person must provide the information above, each person must wear an appropriate mask, (as identified in this document), at all times and must practice social distancing (as much as possible), each person must take their temperature upon entry to the church (if above 100.4°F, please leave immediately), each person must sign in and document their time of arrival, departure, and temperature. Every person must confirm that they have been approved to be in the building by locating their name on the calendar in the foyer. If your name is not listed, you must sign out and leave the building. **The ministry leader will be responsible to ensure this is followed for any ministry meetings/gatherings at the church.**

If your plans change, please send an email to Office@PRBCLansing.org to remove your event from the calendar.